



COVID-19 Resources and Toolkits for Children and Youth with Disabilities and their Families

Table of Contents

NATIONAL	5
Financial:	5
Curated COVID-19 Resource Lists and Toolkits:	5
Educational:	6
Recreational:	6
Support Systems:	7
For Parents:.....	7
For Children and Youth:	7
ALBERTA	7
Financial:	7
Curated COVID-19 Resource Lists and Toolkits:	7
Educational:	8
Recreational:	8
Support Systems:	8
For Parents	8
For Children and Youth	8
Services:	8
BRITISH COLUMBIA	9
Financial:	9
Curated COVID-19 Resources Lists and Toolkits:	9

Educational:	9
Recreational:	10
Support Systems:	10
For Parents:.....	10
For Children and Youth	11
Services:	11
<i>MANITOBA</i>	<i>11</i>
Financial:	11
Curated COVID-19 Resource Lists and Toolkits:	12
Resource Lists	12
Educational:	12
Recreational:	12
Employment:	12
Support Systems:	12
For Parents:.....	13
For Children and Youth:	13
Services:	13
<i>NEW BRUNSWICK</i>	<i>14</i>
Curated COVID-19 Resource Lists and Toolkits:	14
Educational:	14
Recreational:	14
Support Systems	14
For Parents	14
Services:	14
<i>NEWFOUNDLAND AND LABRADOR</i>	<i>15</i>
Financial:	15

Educational:	15
Support Systems:	15
For Parents:	15
Services:	15
<i>NORTHWEST TERRITORIES</i>	15
Financial:	16
Recreational:	16
Services:	16
<i>NOVA SCOTIA</i>	16
Financial:	16
Curated COVID-19 Resource Lists and Toolkits:	16
Educational:	16
Recreational	17
Support Systems:	17
For Parents:	17
For Children and Youth:	17
Services:	17
<i>NUNAVUT</i>	18
Financial:	18
Employment:	18
Services:	18
<i>ONTARIO</i>	18
Financial:	18
Curated COVID-19 Resources Lists and Toolkits:	19
Educational:	19
Recreational:	19

Support systems:	19
For Parents:	19
For Children and Youth	20
Services:	20
Employment:	20
<i>PRINCE EDWARD ISLAND</i>	20
Financial:	20
Educational:	20
Recreational:	20
Services:	21
Employment:	21
<i>QUEBEC</i>	21
Financial:	21
Curated COVID-19 Resource Lists and Toolkits:	21
Educational:	22
Recreational:	22
Support Systems:	22
For Parents:	22
For Children and Youth	22
Services:	22
<i>SASKATCHEWAN</i>	23
Financial:	23
Curated COVID-19 Resource Lists and Toolkits:	23
Educational:	23
Recreational:	23
Support Systems:	24

For Parents:24

Services:24

***YUKON*24**

Curated COVID-19 Resource Lists and Toolkits:24

Educational25

Services25

NATIONAL

Financial:

- [Government of Canada: Benefits Finder](#)
- [Government of Canada: Canada Child Benefit](#)
- [Government of Canada: Canada Recovery Caregiving Benefit](#)
- [Government of Canada: Child Disability Benefit](#)
- MS Society Canada
 - [Financial and Government Supports by Province](#)

Curated COVID-19 Resource Lists and Toolkits:

- [ARCH Disability Law Centre Advocacy Toolkit – Advocating for Your Support Person or Attendant to be with You in Hospital During the COVID-19 Pandemic](#)
- [Autism Speaks Canada: Resources for Children and Caregivers](#)
- [Better Care Network: Resource Centre on COVID-19 and Children’s Care](#)
- [Canadian Autism Spectrum Disorder Alliance \(CASDA\) COVID-19 Resource Centre](#)
- [Canadian Home Care Association: COVID-19 Resources For Home and Community Care Providers](#)
- [Canadian Mental Health Association: COVID-19 and Mental Health](#)
- [Centre for Research on Work Disability Policy: Resources Related to COVID-19 Pandemic](#)
- [Child Bright Network: COVID-19 Resources](#)
- [Childhood Disability Link: COVID-19 Resources](#)
- [Children’s Mercy: Social Distancing with a Plan Family Toolkit](#)
- Communication Disability Access Canada:
 - [COVID-19 Communication Rights Toolkit](#)
 - [Communication Resources](#)
- [Connectability: COVID-19 Resources](#)
- [Dutch Coalition on Disability and Development: Practical Tools for a Disability Inclusive COVID-19 Response](#)

- [Health Care Access Research and Developmental Disabilities: Resources for People with Developmental Disabilities](#)
- [Include Me: COVID-19 Resources](#)
- [Inclusion Canada: COVID-19 and Disability Resources](#)
- [MS Society of Canada: Wellness Resources During COVID-19](#)
- [National Centre for Learning Disabilities: Resources and Tools: COVID-19](#)
- [The Canadian ADHD Resource Alliance: COVID-19 Resources for Patients](#)
[The University of North Carolina: COVID-19 Toolkit for children and youth with ASD](#)

Educational:

- [Atlantic Provinces Special Education Authority: Home Learning Resources](#)
- [Autism Awareness Centre: Free E-Book](#)
- [Better Care Network: Webinar Recording: Children with Disabilities in Adversity - Institutions and Protection of Family Life in COVID19 pandemic and sustainable development](#)
- [Canadian National Institute for the Blind: Free Virtual Programs](#)
- [Learning4Success](#)
- [Patient-Provider Communication: Supporting Communication with Patients who have COVID-19](#)
- [Sesame Street COVID-19 and Autism](#)
- [The Mighty: How can we help children with disabilities understand the coronavirus](#)
- [Woodbine House: Books](#)

Recreational:

- [Kids Up Front Programs](#)
- [Mind Heart: #covibook](#)
- [Xenia Livestream Concerts for people with disabilities or anyone](#)

Support Systems:

For Parents:

- [Family caregivers of BC: Toll free support lines, Virtual connections, Emotional supports and health care navigation help.](#)

For Children and Youth:

- [Ability Online](#)
- Best Buddies Canada:
 - [Instagram live schedule and recordings and virtual program toolkit](#)
 - [E-Buddies](#)
- [Canadian Guide Dogs for the Blind](#)
- [Mira Foundation](#)
- [MyAbility Online Community](#)

ALBERTA

Financial:

[Gateway Association: Financial Support During COVID-19 Information](#)

Curated COVID-19 Resource Lists and Toolkits:

- [Autism Calgary: COVID-19 Resource List for Parents and Children](#)
- [Autism Edmonton: COVID-19 Resource List for Parents and Children](#)
- [Autism Society Alberta: COVID-19 Resource Page](#)
- [Calgary Fetal Alcohol Network: COVID-19 Resources](#)
- Gateway Association:
 - [COVID-19 Resource Page](#)
 - [Financial Support During COVID-19 Information](#)
- [Inclusion Alberta: COVID-19 Parent Toolkit](#)
- [LearnAlberta: Resources for parents and teachers to support child learning](#)
- [Milestones Autism Resources: COVID-19 Resources for Families](#)
- [Sinneave Family Foundation: COVID-19 Resources for Parents and Children](#)

Educational:

- [Government of Alberta Weekly Q & A Newsletter](#)
- [Government of Alberta: COVID-19 Information FAQ for People with Disabilities](#)
- Inclusion Alberta:
 - [Learning at Home PowerPoint](#)
 - [Getting Ready for School PowerPoint](#)

Recreational:

- See support systems for children

Support Systems:

For Parents:

- Alberta Education Parent Helpline: 780-422-6548 or toll-free 780-310-0000
- [Autism Calgary: Support Groups and Family Activities](#)
 - [Keeping it Together Mother's Group](#)
 - [Father's Autism Network](#)
 - [Listen, Share, Connect!](#)
- [Autism Society Alberta: Virtual Support Meeting for Parents](#)

For Children and Youth:

- [Ability 4 Good: Programs](#)
 - STRIVE Program
 - THRIVE Program
 - Let's Play and Chat Online Group

Services:

- [Alberta Government: Family Support for Children with Disabilities](#)
- [Alberta Government: Persons with Developmental Disabilities](#)

- [Bridge to Care: Disability Services](#)

BRITISH COLUMBIA

Financial:

Government of British Columbia:

- [Autism Funding](#)
- [Disability Assistance Benefits](#)
- [Respite Support](#)
- [COVID-19 Support for Income and Disability Assistance](#)
- BC Housing:
 - [BC Rebate for Accessible Home Adaptations \(BC RAHA\)](#)

Curated COVID-19 Resources Lists and Toolkits:

- [British Columbia Aboriginal Society on Disability Support: COVID-19 Indigenous Engagement Program](#)
- Community Living BC:
 - [Connection and Support Resources During COVID-19](#)
 - [Plain Language Resources](#)
 - [Toolkit for Connection](#)
 - [Mental Health and Wellness Resources during COVID-19](#)
- [Disability Alliance: COVID-19 Supports and Benefits](#)
- [Family Caregivers of British Columbia: COVID-19 Information](#)
- Family Support Institute of BC:
 - [Toolkit For Adults with Disabilities and Families in BC - For Health Care Settings During COVID-19](#)
 - [Toolkit for Children with Disabilities and Families in BC - For Health Care Settings During COVID-19](#)
 - [FSI Compiled COVID-19 Information](#)

Educational:

- BC Centre for Ability:

- [Stepping Stones](#)
- [BC Epilepsy Society: Lecture Series and Educational Events](#)
- Disability Alliance BC:
 - [Disability Benefits Help Sheets](#)
 - [Workshops](#)
- [Inclusion BC: Virtual Learning Series](#)
- Learning Disabilities Association of British Columbia:
 - [Events](#)
 - [Lexia Online Reading Program](#)
- [Rare Disease Foundation: Webcast Series](#)
- [Virtual Classes and Camps](#)
- [Victoria Disability Resource Centre: Workshops](#)

Recreational:

- Easter Seals BC/Yukon:
 - [Summer Camp Programs](#)
 - [Virtual Classes](#)
- Family Support Institute of BC:
 - [Calendar for Connection](#)
- [Victoria Disability Resource Centre: Recreation](#)

Support Systems:

- [BC Epilepsy Society: Support Groups](#)
- [Rare Disease Foundation: Mental Health and Wellness Program](#)

For Parents:

- [BC Centre for Ability: Family Counselling Support Services](#)
- [Easter Seals BC: Programs for Adults and Parents](#)
- Family Caregivers of BC:
 - [Family Caregiver Support Groups](#)
 - [Support Line](#)
- [Family Support Institute of BC: Family Support](#)

- [Rare Disease Foundation: Parent 2 Parent Resource Network](#)

For Children and Youth:

- [Victoria Disability Resource Centre: Peer Support](#)
- [Easter Seals BC/Yukon: Compass Program](#)

Services:

- BC Centre for Ability:
 - [Community Brain Injury Program](#)
 - [Early Intervention](#)
 - [FASF and Key Workers Support Services](#)
 - [Supported Child Development](#)
- Community Living BC:
 - [L.I.F.E-based Service](#)
 - [Respite Support](#)
- Developmental Disabilities Association:
 - [Family Support Services](#)
 - [Infant Development Program](#)
- [Disability Alliance BC: Disability Law Clinic](#)
- [Easter Seals BC/Yukon: House Respite Program](#)
- [Government of British Columbia: At Home Program](#)
- [The Right Fit BC](#)
- [Victoria Disability Resource Centre: Computer Access and Assistive Technology](#)

MANITOBA

Financial:

- [Cerebral Palsy Association of Manitoba: Grants](#)
- [Government of Manitoba: Disability Economic Support Program](#)

Curated COVID-19 Resource Lists and Toolkits:

- [Abilities Manitoba: COVID-19 Resources](#)
- [Manitoba Possible: COVID-19 Resources](#)
- [St. Amant: COVID-19 Resources](#)

Resource Lists

- [Autism Spectrum Disorders Manitoba](#)
 - [Resource Database](#)
- [Community Living Manitoba](#)
 - [Resource List](#)

Educational:

- [Abilities Manitoba: Events](#)
- Community Living Manitoba:
 - [Family Guide to the Vulnerable Persons Act](#)
 - [General Resource List](#)
- Learning Disabilities Association of Manitoba
 - [General Resource List](#)
 - [Podcasts](#)

Recreational:

- [Inclusion Winnipeg Programs - Recreation Activities](#)
- [Learning Disability Association of Manitoba: Summer Camps](#)
- [Manitoba Possible: Children's Recreation and Leisure](#)

Employment:

- [Accessibility Manitoba](#)
- [Entrepreneurs with Disabilities Manitoba](#)

Support Systems:

- [The Accessibility for Manitobans Act](#)

- [Toolkit](#)
- [Inclusion Winnipeg](#)
 - [Advocacy Services](#)

For Parents:

- [Learning Disabilities Association of Manitoba: Parenting Support and Workshops](#)
- [Manitoba Parent Zone](#)

For Children and Youth:

- [Government of Manitoba: Children's disAbility Services](#)
- [Manitoba League of Persons with Disabilities](#)

Services:

- [Cerebral Palsy Association of Manitoba: Support](#)
- Family Dynamics:
 - [Behavior Support](#)
 - [In-Home Family Support Program](#)
- Government of Manitoba:
 - [Assistive Technology](#)
 - [Services and Programs for Children](#)
- Learning Disabilities Association of Manitoba
 - [LINKS](#)
 - [Math Tutoring](#)
- Manitoba Possible:
 - [Accessible Technology](#)
 - [Children's Services Coordination](#)
 - [Communication Centre for Children who are Deaf or Hard of Hearing](#)
 - [Supports for Deaf and Hard of Hearing Persons](#)
 - [Manitoba Wheelchair Program](#)
 - [Parking Permit Program](#)

Curated COVID-19 Resource Lists and Toolkits:

- [New Brunswick Association for Community Living: At Home - Activities and Resources During COVID-19](#)

Educational:

- [Education and Early Childhood Development: Learning at Home Resources for Families](#)

Recreational:

- [Ability New Brunswick](#)
 - [Para NB](#)

Support Systems:

For Parents:

- [The Families United Network \(FUN-NB\)](#)

Services:

- [Ability New Brunswick](#)
 - [NB Vehicle Retrofit Program](#)
 - [Transition NB](#)
- Government of New Brunswick:
 - [Disability Support Program](#)
 - [Family Supports for Children with Disabilities](#)
 - [Hearing Aid Program](#)
 - [Housing Assistance for Persons with Disabilities](#)
 - [Mobility and Adaptive Equipment Loan Program](#)
 - [Orthopedic Program](#)

- [Prosthetic Program](#)
- [Vision Program](#)
- [New Brunswick Association for Community Living: Resource Catalogue](#)
- [Stan Cassidy Centre for Rehabilitation: Adaptive Seating Service](#)

NEWFOUNDLAND AND LABRADOR

Financial:

- [Government of NFLD: Funded Programs](#)

Educational:

- [Autism NFLD: Family Resource Kit](#)

Support Systems:

For Parents:

- [Autism NFLD: Support Groups](#)

Services:

- Autism NFLD:
 - [Programs](#)
- Government of NFLD:
 - [Community Behavioral Service \(CBSP\)](#)
 - [Direct Home Services Program](#)
 - [Provincial Home Support Program](#)
 - [Residential Options for Individuals who cannot remain in the family home:](#)
 - [Therapeutic and Professional Services](#)

NORTHWEST TERRITORIES

Financial:

- Government of Northwest Territories:
 - [NWT Child Benefit](#)

Recreational:

- [Parkland CLASS: Children's Programs](#)

Services:

- Government of Northwest Territories:
 - [Community Respite](#)
 - [Early Childhood Program](#)
 - [Program and Services for Persons with Disabilities Inventory](#)
- [Foster Family Coalition of NWT: Respite Program](#)
- [Hay River Territorial Health and Social Services Authority: Services and Programs](#)
- Northwest Territories Disability Council:
 - [Accessible Parking Permit](#)
 - [Early Childhood Intervention Program](#)
 - [Learning Supports for Persons with Disabilities](#)

NOVA SCOTIA

Financial:

- [Government of Nova Scotia: Disability Support Program](#)

Curated COVID-19 Resource Lists and Toolkits:

- [Autism Nova Scotia: COVID-19 Resources](#)
[Canadian Paraplegic Association \(Nova Scotia\): COVID-19 Resources](#)

Educational:

[Autism Nova Scotia Autistics Aloud](#)

- [Brain Injury Association of NS: For Families and Caregivers](#)
- [Inclusion NS: Getting the COVID-19 Vaccine: Visual Guide for People with Disabilities](#)

Recreational

- [Bengal Lancers Therapeutic Riding](#)
- [Easter Seals Nova Scotia: Camp Tidnish](#)

Support Systems:

For Parents:

- [Autism Nova Scotia Family Supports](#)
- [Brain Injury Nova Scotia Supports](#)
- [Caregivers NS](#)
 - [Resources](#)
- [Inclusion NS: Family Support](#)

For Children and Youth:

[Canadian Paraplegic Association \(Nova Scotia\): Peer Support Services](#)

Services:

- Autism Nova Scotia:
 - [Educational Supports](#)
 - [Family, Respite, and Community Support](#)
 - [Quick Start](#)
- [Canadian Paraplegic Association \(Nova Scotia\): Counselling Services](#)
- [Easter Seals Nova Scotia: Assisted Mobility](#)
- Government of Nova Scotia
 - [Disability Support Program](#)
- Halifax Transit: [Halifax Transit: Access-a-bus](#)
- [Independent Living Nova Scotia](#)
 - [Community Access-Ability Program](#)

- [Business Access-Ability Program](#)
- [Housing Nova Scotia](#)
 - Disabled Residential Rehabilitation Assistance Program
 - Access-A-Home Program
- [Accessibility Directorate](#)
- [Nova Scotia Hearing and Speech Centers](#)

NUNAVUT

Financial:

- Government of Nunavut:
 - [Disabled Incidental Allowance](#)
 - [Income Assistance \(IA\)](#)

Employment:

- [PATH employment services](#)
- [Ready, Willing and Able](#)

Services:

- [CanChild: Active Living Alliance for Canadians with a Disability](#)
- [Nunavummi Disability – Makinnasuaqatiit Society](#)

ONTARIO

Financial:

- [Autism Ontario: One-to-One Summer Support Worker Reimbursement Fund](#)
- Government of Ontario:
 - [Assistance for Children with Severe Disabilities](#)
 - [Assistive Devices Program](#)
 - [Funding for Special Education](#)

- [Special Services at Home](#)
- [Holland Bloorview: Family Support Fund](#)
- [Jennifer Ashleigh Children’s Charity: Financial Assistance](#)
- [Ontario Federation for Cerebral Palsy: Life Enriching Activity Fund](#)

Curated COVID-19 Resources Lists and Toolkits:

- ARCH Disability Law Centre:
 - [Advocacy Toolkit: Advocating for your Support Person or Attendant to be with You in Hospital During COVID-19 Pandemic – Plain Language Version](#)
- [Autism Ontario: List of Resources to Help Us Through COVID-19](#)
- [Child Development Institute: COVID-19 Resource Centre](#)
- [Ontario Federation for Cerebral Palsy: COVID-19 Resources](#)
- [Toronto Public Library: COVID-19 Deaf and Disability Community Resources](#)

Educational:

- ARCH Disability Law Centre:
 - [COVID-19 Factsheet – Getting Life Saving Medical Care in Hospitals during COVID-19 Pandemic – Plain Language Version](#)
- [Holland Bloorview: ISOfriendships Podcast](#)

Recreational:

- [Autism Ontario: Online Events](#)
- [Down Syndrome Association of Ontario: Online Events](#)
- [Holland Bloorview: Workshops and Events](#)

Support systems:

For Parents:

- [Autism Ontario: SAAAC CARES Caregiver Support Program \(Online\)](#)
- [Ontario Caregiver Hotline](#)

For Children and Youth

- [Holland Bloorview: Youth Mentorship Programs](#)

Services:

- Government of Ontario:
 - [Respite Programs](#)
 - [Ontario Community Support Program](#)
 - [Ontario Autism Program](#)
 - [Ontario Disability Support Program](#)

Employment:

- [Holland Bloorview: Youth Employment Programs](#)

PRINCE EDWARD ISLAND

Financial:

- Government of Prince Edward Island
 - [AccessAbility Supports](#)
 - [School Age Autism Funding](#)

Educational:

- Learning Disabilities Association of PEI
 - [Information Package: Fact Sheets from the Learning Disabilities Association of Canada](#)

Recreational:

- Autism Society of PEI
 - [Sylvan Learning Summer Camps](#)
- [Parasport and Recreation PEI](#)

Services:

- Government of Prince Edward Island
 - [Autism Services for Children and Youth](#)
- Learning Disabilities Association of PEI
 - [Island Reader Program](#)
 - [Jump Math Program](#)
 - [One-to-One Tutoring](#)
- Prince Edward Island Association for Community Living
 - [Finding Respite](#)
 - [Supporting Families](#)

Employment:

- PEI council of persons with disabilities
 - [Workability Program](#)

QUEBEC

Financial:

- [Retraite Quebec: Supplement for Handicapped Children](#)
- Revenue Quebec:
 - [Refundable Tax Credit for Child Care Expenses](#)
 - [Tax Credit for Caregivers](#)
 - [Tax Credit for Volunteer Respite Services](#)

Curated COVID-19 Resource Lists and Toolkits:

- [Connexions Resource Centre: Connexions' Activities and Services for Families with Special Needs](#)
- Inspirations:
 - [Resource List for Quarantine](#)
 - [Special Needs Database and Community](#)
- [McGill: Accessibility Toolkit and Resources](#)

Educational:

- [Government of Quebec: Self-care Guide](#)
- [Quebec Health: Information for People with Disabilities \(COVID-19\)](#)

Recreational:

- [Action Centre: Online Programming](#)
- Foundation Papillon:
 - [Butterfly camp](#)
 - [Papillon Daycare](#)
 - [Papillon Day Camp](#)

Support Systems:***For Parents:***

- [Planned Lifetime Advocacy Network: Family Network](#)

For Children and Youth:

- [Moelle Epinier et Motricite Quebec: Peer Counselling Network](#)

Services:

- [Angelman Respite Centre](#)
- [Autisme Montreal: Services](#)
- Connexions Resource Centre:
 - [Services for People with Physical Disabilities](#)
 - [Services for People with Intellectual Disabilities or Autism Spectrum Disorder](#)
- [Foundation Noel au Printemps](#)
- Foundation Papillon:
 - [Papillon Occupational Therapy and Stimulation Clinic](#)
- Inspirations:
 - [ESMB Special Needs Programs and Services](#)
- [Quebec Cerebral Palsy Association: Resources Available](#)

SASKATCHEWAN

Financial:

- Government of Saskatchewan:
 - [Autism Services](#)
 - [Cognitive Disability Strategy Support](#)
 - [Home Repair Program – Adaption for Independence](#)
 - [Individualized Funding for Home Care](#)
 - [Respite for Families Caring for a Child with Intellectual Disabilities](#)

Curated COVID-19 Resource Lists and Toolkits:

- [Autism Services of Saskatoon: COVID-19 Resources](#)
- [Inclusion Saskatchewan: Resources COVID-19](#)
- [Saskatchewan Voice of People with Disabilities Inc: COVID-19 Updates and Resources](#)

Educational:

- [Autism Services of Saskatoon: Workshops and Conferences](#)
- [Saskatchewan Voice of People with Disabilities Inc: Disabilities Information Service](#)
- [University of Saskatchewan: Access and Equity Services](#)

Recreational:

- [Learning Disabilities Association of Saskatchewan: Summer Sunshine Day Camp](#)
- SaskAbilities:
 - [Camp Easter Seal](#)
 - [Social Leisure Youth Program](#)
 - [Summer Fun](#)
- [Sask Blind Sports Association](#)

Support Systems:

For Parents:

- [Saskatchewan Department of Social Services: Family Connect](#)

Services:

- Government of Saskatchewan:
 - [Audiology and Hearing Services](#)
 - [Therapy Services](#)
- Learning Disabilities Association of Saskatchewan:
 - [Academic Tutoring](#)
 - [Academic Strategist](#)
 - [ADHD Coaching](#)
 - [Behavior Therapy](#)
 - [Counselling Services](#)
 - [LEGO Club](#)
- [Person Centered Saskatchewan](#)
- SaskAbilities:
 - [Daily Living and Rehabilitation Services](#)
 - [Respite Services](#)
 - [Special Needs Equipment Loan Program and Repair and Maintenance](#)
- [South Saskatchewan Independent Living Centre](#)

YUKON

Curated COVID-19 Resource Lists and Toolkits:

- Government of Yukon:
 - [Children's Disability Service](#)
 - [Home Care Program](#)
 - [Sport and Recreation Funding](#)

Educational

- [LDAY Centre for Learning: Workshops](#)

Services

- [Autism Yukon: Programs and Support](#)
- [LDAY Centre for Learning: Programs and Services](#)